

CFDM  
CHRISTIAN FORMATION  
& DIRECTION MINISTRIES



*Los Angeles County Regional  
Certificate Program in  
Christian Formation and Spiritual Direction  
2018-2010*

**Christian Formation & Direction Ministries** [CFDM] is a non-profit Christian ministry incorporated in California in 1996. It's mission is to "lead others into a deeper love for and intimacy with the Father, Son, and Holy Spirit through spiritual formation and the art of spiritual direction...particularly through the training, re-sourcing, networking, and supervising of spiritual directors for Christian churches in the western United States." For more information visit its website at [www.cfdm.org](http://www.cfdm.org).

**The goal of the Certificate Program** in Christian Formation and Spiritual Direction is to help the student

- To mature into deeper intimacy and friendship with the Triune God
- To develop a theology of Christian spirituality by drawing on and integrating insights from Scripture, theology, historical traditions, psychology and related fields
- To discover the richness of one's own spiritual tradition and the gifts and blessings of other traditions
- To learn about, and engage in, spiritual habits and practices that facilitate spiritual growth
- To grow in balancing prayer, study and service and in developing practical wisdom based on Scripture, tradition, reason, and experience
- To gain experience and skills in providing individual and group spiritual direction in a Christ-centered program and context
- To participate in a creative partnership among Christian spiritual directors in the Southern California Regional Networks of CFDM.

**Certificate Program Events and Dates**

**Year One 2018** [Focus on Christian formation and introduction to the art/skills of spiritual direction]

**Classes will be held at Bel Air Presbyterian Church**

**2018 Meeting Dates:**

- **January 16-19**
- **April 10-13**
- **August 7-10**
- **October 30- November 2**

**And**

By arrangement	Monthly retreat Days
By arrangement	Monthly individual meetings with a spiritual director

**Year Two** [For those continuing, focused now entirely on practical training in spiritual direction]

DATES TBD	Two three 1\2 -day training events, including 2 day retreat
By arrangement	Regular meeting with one’s spiritual director
TBD	Monthly supervision for direction given
By arrangement	Participation in a network of spiritual directors

**Tuition:**

Tuition for the two-year program is \$3,900. In the first year [\$2,300], tuition covers 16 days of instruction and practicum in a church setting, refreshment/snacks, noon meals, faculty resources, administrative costs, reprints and other materials. In the second year [\$1,600], tuition covers 6 days of instruction and supervision and one overnight in a retreat center with food and overnight lodging included, faculty resources, administrative costs, reprints and other materials, and supervision in monthly group meetings for ongoing evaluation and training. Not included are overnight accommodations the first year for classes, if needed, fees for individual spiritual direction and monthly personal quiet days. \$400 non refundable fee towards tuition is due at time of admission to the program [to reserve a place—space is limited] and tuition for the Program is due in advance on a yearly, term, or quarterly basis, or by arrangement.

**Admission Requirements**

Admission is open to individuals [lay or clergy] from any Christian denomination or group who have a bachelor’s degree or its equivalent and/or have training or demonstrable knowledge of Scripture and theology. Life experience is highly valued as is awareness of a potential call to be a spiritual director. Admission to the program is granted when the following steps have been completed:

- A completed application... Earlier application is encouraged because the size of a class is limited and may be closed early. \$65 application processing fee non refundable
- A statement detailing educational background, work experience, Christian journey, involvement in church and Christian service, and interest in the program and in being a spiritual director.
- Two letters of reference [one pastoral and one personal]
- An interview (phone or in person) with one of the Program Faculty/Staff

**For more information or an application, contact**

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